

Executive Coaching

Enhancing performance through Coaching

In recent years companies have introduced Executive Coaching for their leadership team(s) to enable them to resolve challenges and enhance their performance.

Coaching is results focussed

it gives space and time to be listened to, to explore issues in depth, to be challenged and ask powerful questions which create new thinking, options and clarity of purpose.

At Jungle our programmes enable the most talented people to make a smooth transition into a more demanding senior role, help mid-career executives consider career development options, or can form part of a focussed skills development programme to aid Leadership development which will ultimately enable Senior Executives to become even better.

At a glance

Our programmes are intended to help Senior and high potential executives in four situational contexts:

- Leadership Effectiveness
- Managing Transitions
- Team Coaching & Skills Development
- Performance Revitalisation Coaching

Leadership Effectiveness

With increasing seniority comes more and more ambiguity and complexity - and less and less support to deal with them. Our coaching programme supports you on today's challenges whilst equipping you for tomorrow.

Senior Executives can make use of coaching to help them gain personal insight. They can consider options for increasing their personal impact and effectiveness and realign their personal goals and fulfil their business aspirations. Senior executives can benefit from talking their ideas through in a safe and supported space with an independent coach, helping them to boost their confidence, raise motivation and reach considered conclusions for key business and personal decisions.

Managing Transitions

Transitions can be critical career changes, normally associated with promotions. Our assimilation programmes help newly appointed executives to accelerate their impact, and firmly establish their seat at the leadership table. For those new leaders promoted from within they often have to grapple with re-branding and positioning themselves within the organisation and this is where our coaching programmes can greatly assist.

The actions taken, or not taken, during this early stage period following a transition will play a large part in whether someone succeeds or fails (failure which can badly damage what has otherwise been a very good career!)

Our Assimilation Coaching programmes provide a safe and supported place to enable a smooth transition ensuring strong personal effectiveness, self-belief and impact.





Team Coaching & Skills Development

Most leadership teams struggle to cope with the volume of work required of them and to give the focus needed to the big issues of strategy, change and people which can only be managed collectively.

Collective leadership team coaching enables your leadership team to:

- Transform the effectiveness of leadership team meetings
- Resolve departmental rivalries and interpersonal misunderstandings
- Become a powerful, productive and cohesive team
- Make faster decisions and improve morale
- Make working together more satisfying!

Performance Revitalisation

There are individuals in every organisation for whom it is essential to change their level of performance quickly.

These include:

- Leaders with high potential whose development needs to be accelerated
- Individuals who are not performing to their full potential
- People who are holding back the performance of those around them
- Individuals who need to be prepared for a promotion
- Newly promoted leaders who need to get up to speed quickly

Such individuals are almost always being held back by less than effective behaviours. Our programmes focus on working with them to make clear and sustainable changes to the behaviour that will deliver a shift in the individual's performance as agreed.



“ I had the good fortune of working with Teresa on a six month New Leader Assimilation Executive Coaching when I first joined Bristan. Over that time my leadership style has significantly improved thanks to the introduction of leadership tools and the encouragement to reflect upon how I operate with the organisation. I would openly recommend coaching. I found the six months a great way to 'ease in' to a new company and to air thoughts and ideas in a 'safe' environment.”

Jon Cox, General Manager - Bristan Retail



Why choose Jungle?

Because this is what we do!

We have previous experience and a successful track record of Coaching and Mentoring Senior Executives

What Next?

To find out more about our Executive Coaching Programmes please contact us at info@junglehr.com or call us on **07970 778874**.