

# BRISTAN

## Project: New Leader Assimilation Coaching

"I had the good fortune of working with Teresa on a six month Executive Coaching Programme during 2010. Over that time she introduced me to a plethora of tools and constantly stretched my thinking about how I was approaching my business whilst helping widen my thinking around how I interact with people. I found the six months a great way to 'ease in' to a new company and confidentially air thoughts and ideas in a 'safe' environment.

I would openly recommend her service to anyone who is looking to either stretch their thinking or wants to analyse and improve their style of leadership"

**Jon Cox**  
**General Manager - Bristan Retail**